



# Session 9

## My working future



foundation for  
people with  
learning disabilities



LOTTERY FUNDED



When I grow up

# Session 9

## My working future

### Objectives

This session captures the learning acquired so far and offers a chance to go over anything discussed in previous workshops.

Students will be able to complete the remaining pages of the 'My working future' section of their work profile and create their own CV based on the template. It may take them more than one session to do this.

Some students may require additional support in this session as the exercises are more individual in nature.

### Preparation

#### Equipment

- Coloured pencils to be used with Spider Chart activity sheet (optional)
- Flipchart papers from previous session
- Completed activity sheets from previous sessions

#### You will also need to download and print out the following:

'My work profile' slides (or provide access to it on a computer).

Spider Chart activity sheet (optional)

## Session outline and resources

1. Review and reflection
2. My work profile
3. Exercise: Spider Chart



### 1. Review and reflection

Start with a recap of the previous session. Ask the group for three things they can remember from the previous session and capture what they say on a flipchart. This may generate some further discussion about employment and conversations from previous sessions.

Ask for volunteers to be timekeepers for the class.



### 2. My work profile

**Resources:** 'My work profile', as well as the completed activity sheets from all previous sessions.

Students will either need access to their work profile on the computer or a print-out of the pages.

They will need to complete their work profile using all the activity sheets from the previous sessions.



### 3. Exercise: Spider Chart

Complete the Spider Chart for the final time. It may be helpful to compare the answers this time with those given in sessions 2 and 5.

Remind the group that they are nearing the end of the programme and that the final session will be about them presenting their skills, interests, support needs and ideal job.



**foundation for  
people with  
learning disabilities**

**Colechurch House  
1 London Bridge Walk  
London SE1 2SX  
United Kingdom**

**Telephone**

**020 7803 1100**

**Email**

**[info@learningdisabilities.org.uk](mailto:info@learningdisabilities.org.uk)**

**Website**

**[www.learningdisabilities.org.uk](http://www.learningdisabilities.org.uk)**

Part of the



Mental Health  
Foundation

**Registered Charity No.**

**England 801130**

**Scotland SC039714**

**Company Registration No. 2350846**

© Foundation for People with Learning Disabilities 2017

**changing  
lives**